

Other Useful Numbers:

Action on Elder Abuse
Helpline: 080 8808 8141

Age Concern Hampshire:
0800 328 7154

Hampshire Adult Social
Services: 0300 555 1386

a world
without
domestic
abuse.

We are a charity and need your help to carry out our valuable work. Please visit our website and donate anything you can. [Thank you.](#)

In an emergency call 999



**STOP
DOMESTIC
ABUSE**



Stop Domestic Abuse is an innovative and unique provider of all services to those affected by domestic abuse.

We don't just protect and work with victims, we help perpetrators, the police and many other organisations.

Our vision is a world without domestic abuse

Stop Domestic Abuse is the trading name of Southern Domestic Abuse Service
Registered Charity Number 1146773.

Domestic Abuse happens to elders too.

Older men and women can experience abuse from their partner, spouse or another adult relative.

We offer a confidential support service to everyone affected by domestic abuse

stopdomesticabuse.uk



**STOP
DOMESTIC
ABUSE**

Contact Us

By phone

0330 0533 630

By email:

advice@stopdomesticabuse.uk

Through Social Media:

[@southerndas](#)

[#stopdomesticabuse](#)

What is domestic abuse?

Domestic abuse is a pattern of abusive and controlling behaviour.

The abuser seeks power over their victim. And it's rarely a one-off event.

It comes in many different forms

- Psychological or emotional abuse
- Physical abuse or violence
- Financial abuse
- Sexual abuse
- Emotional abuse
- Being made to do things you don't want to
- "Honour" based violence

Stop Domestic Abuse

Domestic abuse usually happens in the home, in what may seem like a loving relationship, and is often committed by people we trust the most.

Perpetrators can be partners or ex-partners, children or other relatives

Victims can be from both genders and of any age.

Why does it happen?

There are many reasons why abuse occurs and these may vary with each incident. Many of its causes are not yet fully understood. Abuse may range from a spontaneous act of frustration to systematic premeditated assaults on an older person.

It can affect anyone regardless of their ethnicity, age, gender or gender identity, sexuality or social background.

Are YOU, or is there anyone you know who is:

- Made fun of in front of family or friends?
- Being hurt or is there a threat of being hurt?
- Being constantly checked up on, i.e. where they are going or what they are doing?
- Criticised or made to feel bad?
- Shouted at or called names?
- Made to feel unable to go out alone or visit family and friends?
- Experiencing anger from a partner, when talking to the opposite sex?
- Feeling financially controlled?
- Feeling obliged or coerced into having sex?

Poor quality long-term relationships

Some couples stay together for the sake of the children. Others stay together in the belief that a marriage should be forever regardless of the quality of that marriage.

Late-onset domestic abuse

Sometimes violence starts many years into the relationship, perhaps triggered by illness (such as Alzheimer's), disability or life changes such as retirement or bereavement.

Domestic abuse with a new partner

If someone has entered into an abusive relationship later in life, they feel confused and ashamed to admit that it hasn't worked out.

Abuse from adult children

Sometimes adult children abuse their parents, which can be even harder for people to talk about and get help.

Older people may be particularly reluctant to disclose abuse due to:

- Increased stigma or sense of shame
- Different understandings of "abuse"
- The belief that nothing can be done, and/or there is no appropriate service or help available
- Fear of not being believed
- Fear of consequences of any intervention
- Potential responses of other family members, including adult children

If you are being abused or are concerned about someone you know, it is very important to talk it through with someone without fear or guilt.

However, you should always be aware that, despite your concerns, any older person has the right to decline assistance from any source.